**Week 6**

**Name:**

**Mobile:**

| **Personal Development Workouts** |
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| 1. Watch the movie “Invictus” 2. Watch the London Real interview of David Goggins “You can't hurt me” |
| *Write a short description about this task*  *Link to the folder containing your audio summary* |
| *Write a short description about this task*  *Link to the folder containing your audio summary* |

| **Technical Workouts** |
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| 1. Create a web application    1. Should have login, signup and home page for users    2. Should store the user data on a database    3. Login should be validated 2. Create an admin panel    1. Admin panel should have login with validation    2. Should be able to view and perform search on user data    3. Should be able to create, delete and edit user data.    4. Should handle sessions and cookies properly |
| *Write a short description about this task*  *Link to your screen record video* |
| *Write a short description about this task*  *Link to your screen record video* |

| **Miscellaneous Workouts** |
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| 1. Practice typing for at least one hour each day. Finish as many chapters as possible as you can. Don’t spend more than an hour each day. 2. Prepare a topic for the tech seminar. Record and upload it on youtube as an unlisted video. 3. Conduct a Feedback session by the end of this week. 4. Prepare your progress video for the last week. Record and upload it on youtube as an unlisted video. |
| *Write a short description about this task*  *Link to screenshot image* |
| *Write a short description about this task*  *Link to your seminar video* |
| *Link to the document containing notes for your feedback session* |
| *Write a short description about this task*  *Link to your progress video* |